



USER MANUAL

Foot & Calf Massage with Heat



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Safety Instructions

Be sure to read these instructions in order to operate the product safely. Only use the Cloud Massage for its intended use. Follow these instructions to prevent harm or injury to yourself and others.

- Keep out of reach of children. This massager is not intended for children, and children should be under adult supervision when near the massager.
- Never leave the unit unattended when plugged in. Unplug from the outlet when not in use and before cleaning.
- Do not unplug the unit from the electrical outlet while operating. To avoid electric shock or injury, first turn the massager off from the control panel, then hold the plug and disconnect it from the outlet.
- Avoid wrapping the cord around the unit and damaging it. Instead, coil the power cord separately. Do not place the cord under the massager or any heavy object and keep away from heated surfaces.
- Keep air openings unobstructed and free of lint, hair, fabric, and other materials.
- Do not carry the unit by the cord or the adjustable stand.
- When setting up for a calf massage, make sure the unit is not at risk of sliding off the edge of a footrest, ottoman, couch, or bed.
- Do not push your feet or calves into the massager. This forced pressure could cause bruising. Make sure your feet and legs are extended so that they just rest in the Cloud Massage.
- If you are heat-sensitive or experience any discomfort while using the massager, turn the massager off.

Warnings

IF YOU HAVE A MEDICAL CONDITION LIKE DIABETES OR BLOOD CLOTS, RECENTLY HAD SURGERY, AND/OR ARE PREGNANT, CONSULT YOUR DOCTOR BEFORE USE.



- Do not cover the massager or use it while underneath a blanket or pillow. Excessive heating can occur and cause fire, electric shock, or other personal injury.

- Do not block air openings.
- Do not sleep while using the massager.



- Do not use in water, near water, or in a bathroom. Do not place wet legs or feet inside the massager. Do not handle the unit, cord, or plug with wet hands.
- Do not insert any metal objects in the unit.
- Do not stand inside or apply excessive pressure to the massager. This may slow or stop the motor and cause the system to overheat.
- Do not operate the massager with a damaged cord. This could result in electric shock or fire.
- Do not use outdoors.
- Do not use the massager if it is not working properly, has a damaged power cord, has been dropped in water, or has been damaged in some other way.
- Do not try to fix it yourself. Take it to a service center for repair by a licensed electrician.



What's in the Box





Operating Instructions

1. Plug power adapter into port and connect to electrical outlet. Power button will beep once and continue to flash as long as power is connected.
2. Adjust the stand to desired position using the release button.
3. Press the power button. Each button will flash twice until a program is selected.
4. Sit (or lie) in a comfortable position with back supported.
5. Rest feet or calves in the Cloud Massage between the pressure pads.
6. Select a program or individual buttons and intensity levels for a custom massage.
7. When finished with the Cloud Massage, press the power button so that it blinks. Once the power button is blinking, it is safe to unplug the unit from the electrical outlet.



CONTROL PANEL BUTTONS

Each button has an intensity level indicator light. Push a control panel button more than once to cycle through intensity level options.

**Note: The Roll button does not have any levels.*

YOUR CLOUD MESSAGE FEATURES THE FOLLOWING BUTTONS ON ITS CONTROL PANEL:

PRESSURE PADS



The **pressure pads** slowly inflate to cushion the top of your feet or calves and improve circulation during the massage programs. There are four pressure levels to choose from: low pressure, medium pressure, high pressure, and extra-high pressure. Start with the lowest pressure and work up to higher levels for a more intense deep tissue massage.

SWAY



The **swaying feature** gently rocks your feet or calves from side to side along the bottom at slight angles to target different muscle groups for a well-rounded massage. There are two swaying speeds to choose from: slow and quick.

- *Note that when selected individually (not as part of Program 3 or Program 4), the Pressure and Sway buttons cannot be on at the same time. The gray dividing line between the two shows that when one is selected, the massager will automatically switch and turn the other off.*
- *During Programs 3 & 4, the swaying motion is combined with the pressure pads and rolling massage to cradle your feet or calves.*

ROLL



The **rolling massage** moves rollers up and down along the soles of your feet or back of your calves. The rollers do not have any intensity levels.

VIBRATE



The **vibrate function** is located in the heel cradle. Vibrations target the densest part of your foot. There are two vibration levels: low intensity and high intensity.

HEAT



When selected, the bottom of the foot pads heats up gradually over a few minutes to slowly warm your feet or calves. Heat therapy can help blood circulation to lessen stiffness. There are two **heat levels** to select from: low heat and medium heat.

PROGRAM



The Cloud Massage can be used with or without **programs**. If desired, there are four programs to choose from, and each preset is adjustable. See the "Program Settings" section for more details.

DEMO



Try a **quick demonstration** of your Cloud Massage with a brief, 30-second trial of each feature at its lowest setting.



CLOUD MESSAGE

PROGRAM SETTINGS

Each program is a preset 15-minute massage. You can stop a program at any time, adjust the intensity levels when needed, and select/deselect any button to further customize your massage. A long beep will sound once the program has finished.

DEMO 1



SYSTEM OFF (STANDBY)

System is plugged in but power is off. The power button flashes Red for visibility

PROGRAMS 2



SYSTEM ON + OFF STATE

When the power button is pressed, the system turns on and the power button has a steady white backlight. All preferences that were active when the system was last turned off are resumed.

The first time it is turned on, the demo function will start. After the cycle finishes, it will begin program 1.

When individual features are turned off, backlight and indicator lights are also off.

SETTINGS 3



SYSTEM ON + SELECTED STATE

When any of the feature buttons are pressed, they go to the **selected** state. Massage features turn on and become active.

Features that are on have a constant **white** backlight.

If **air** and **sway** are both turned on, they alternate in set time intervals and follow the **active state** lighting patterns.

MESSAGE TYPES 4



SYSTEM ON + ACTIVE STATE

During the massage, all selected features remain steady backlit **white**. Any of the 4 massage features that are **currently active** will fade between bright and dim backlight to illustrate what the massager is doing

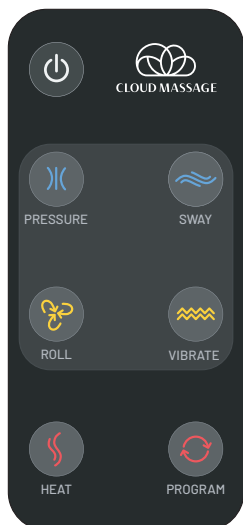
When the **program** button is pressed, the system plays pre-programmed massages. There are 4 different massages that users can cycle through.

Heat and **program** will remain on as long as they are selected.



PROGRAM SETTINGS

The program button controls the pre-programmed massages. Pressing the button will cycle through the options as follows:



	NAME	ACTIVE FEATURES	CORRESPONDS TO (existing interface)
 PROGRAM	Program 1	PRESSURE LEVEL 1 & VIBRATE LEVEL 1	GREEN SOLID
 PROGRAM	Program 2	ROLL & VIBRATE 1	GREEN FLASHING
 PROGRAM	Program 3	PRESSURE 1 SWAY 1 ROLL & VIBRATE 1	BLUE FLASHING
 PROGRAM	Program 4	PRESSURE 1 SWAY 1 ROLL & VIBRATE 1	BLUE SOLID
 PROGRAM	No Program (Off)	Note: When the system is set to no program , users can still control the individual functions (pressure, swaying, rollers, vibration). Selected functions will remain active constantly and simultaneously. <i>Because pressure and sway cannot be on simultaneously, in this mode turning on one of these should automatically turn off the other one.</i>	

Remote Control

To change the battery in the remote control, put pressure on the release knob and slide out the battery compartment.

ADJUSTABLE STAND & RELEASE BUTTON



< The stand has 16 positions. Angle the stand so that your feet rest gently on the heel cradles.



< Suggested foot massage position and calf massage position.



< Press the release button and slide either right or left to move the stand to your desired position.

The adjustable stand has a built-in safety mechanism to prevent it from unlocking during a massage. If the release button won't slide, jiggle the stand a little bit to fully unlock the safety mechanism.





Massage Tips

- Wear socks for a foot massage and pants for a calf massage.
- Start at the lowest intensity levels and gradually work up to higher intensity levels for a deep tissue massage.
- Take the weight off your feet and sit or lie far enough away from the massager so that your legs are extended and your feet or calves can rest comfortably in the massager.
- Rest your feet off the ground at an 80-degree angle for a seated calf massage. Note that you do not have to secure your feet in the heel cradles for a calf massage and that you can orient the massager in either direction.
- For the ultimate calf massage, lie flat on a bed, couch, or floor so that your legs are fully extended. This helps the full weight of your legs settle into the massager for a deep, penetrating massage. You can also sit on a chair or couch with the Cloud Massage on an ottoman.
- Use the Cloud Massage as often as you need it.
 - For daily foot and calf discomfort, try using the Cloud Massage 2–3 times a day to encourage better circulation. The optimal times for use are first thing in the morning, 6–8 hours into the day (like after work), and before going to bed.
 - For intense pain caused by medical conditions like plantar fasciitis and diabetes, start with a gentle massage at the lowest intensity levels. Wrap your feet or legs in a dry towel to relieve pressure. Mix and match settings, like turning the pressure and vibrator off and only using the rollers, until you find a comfortable combination. Over time, gradually work up from using the Cloud Massage once a day to 2–3 times a day. Then start adding more settings and increasing intensity levels as your muscles move and your blood circulation improves.

Care & Storage

CLEANING:

1. Before cleaning, always make sure to turn off the unit from the control panel first. Then unplug from the electrical outlet.
2. Use a clean, dry cloth to clean the control panel and massage unit. Do not use any abrasive cleaners or damp cloth when cleaning the unit. Do not leave the unit under direct sunlight for extended periods of time.

STORAGE:

If not in use for long periods of time, store the massage unit in a dust-free and moisture-free environment with the cord coiled. Do not wrap the cord around the unit. Do not store the massage unit near heat sources.

Do not try to repair the massager yourself. If it malfunctions or breaks down, consult a licensed electrician.



Technical Specifications

Description: Air Pressure & Foot Massage

Model: RF-660

Voltage: DC 24V

Power Consumption: 60W

Weight: 24 lbs

Program Time: 15 minutes

Customer Service

For questions, comments, or success stories on how the Cloud Massage is working for you, please contact us.

[Email: info@cloudmassage.com]
[Phone: 1-877-781-0014]





CLOUD MASSAGE

cloudmassage.com